

RED BANK CHARTER SCHOOL

June

Breakfast

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------------|--|--|---|--|
| | | | | 1 Cereal Milk Fruit Smoothies |
| 4 Muffins Fruit Milk | 5 Scramble Eggs Sausage Toast Fruit Milk | 6 Yogurt Granola Fruit Milk or Cereal | 7 French Toast Turkey Bacon Fruit Milk | 8 Cereal Milk Fruit Smoothies |
| 11 Bagles Fruit Milk | 12 Pancakes Sausage Fruit Milk | 13 Yogurt Granola Fruit Milk or Cereal | 14 Scramble Eggs Sausage Toast Fruit Milk | 15 Cereal Milk Fruit Smoothies |
| 18 | 19 ENJOY | 20 YOUR | 21 SUMMER | 22 |
| 25 | 26 SEE | 27 YOU | 28 IN | 29 September |

Red Bank Charter School - Lunch

June 1 - June 29

What's Cooking Today?

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|
| | | | | <p align="center">3x5 Cheese Pizza-2 Slices Romaine Salad w/ Dressing-1 1/2 c. Fresh Apple-1 Milk-8 oz.</p> |
| <p align="right">4</p> <p>Chicken Fingers-3 Corn-3/4 c. Wheat Dinner Roll Applesauce Cup-1/2 c. Milk-8 oz.</p> | <p align="right">5</p> <p align="center">TACO TUESDAY</p> <p>Chicken Taco's w/ Shredded Cheddar Cheese-2 Refried Beans-3/4 c. 6" Soft Taco Shells-2 Fresh Apple-1/Milk-8 oz.</p> | <p align="right">6</p> <p>Chicken Pot Pie-5 oz. Romaine Salad with Dressing-1 1/2 c. Strawberry Applesauce Cup-1/2 c. Corn Bread Milk-8 oz.</p> | <p align="right">7</p> <p>Meatloaf w/ Ketchup-3 oz. Mashed Potatoes-3/4 c. Pudding Cup-1/2 c. Wheat Dinner Roll Milk-8 oz.</p> | <p align="right">8</p> <p align="center">3x5 Cheese Pizza-2 Slices Romaine Salad w/ Dressing-1 1/2 c. Apple-1 Milk-8 oz.</p> |
| <p align="right">11</p> <p>Grilled Chicken Parmigiana-3 oz. Corn-3/4 c. Wheat Dinner Roll Applesauce Cup-1/2 c. Milk-8 oz.</p> | <p align="right">12</p> <p>Beef Nachos with Cheddar Cheese Sauce-5 oz. Celery Sticks w/ Dip-3/4 c. Fresh Orange-1 Whole Grain Tortilla Scoops-1 oz. Milk-8 oz.</p> | <p align="right">13</p> <p>All Beef Hot Dog on a Wheat Bun-1 French Fries-3/4 c. Clementines-1 Milk-8 oz.</p> | <p align="right">14</p> <p>Toasted Cheese on Whole Grain Bread-1 Carrot Sticks w/ Dip-3/4 c. Fresh Banana-1 Milk-8 oz.</p> | <p align="right">15</p> <p align="center">3x5 Cheese Pizza-2 Slices Romaine Salad w/ Dressing-1 1/2 c.. Pineapple Cup-1/2 c. Milk-8 oz.</p> |
| <p align="right">18</p> | <p align="right">19</p> | <p align="right">20</p> | <p align="right">21</p> | <p align="right">22</p> |
| <p align="right">25</p> | <p align="right">26</p> | <p align="right">27</p> | <p align="right">28</p> | <p align="right">29</p> |