

# RED BANK CHARTER SCHOOL

June

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> Cereal Milk Fruit Smoothies
<b>4</b> Muffins Fruit Milk	<b>5</b> Scramble Eggs Sausage Toast Fruit Milk	<b>6</b> Yogurt Granola Fruit Milk or Cereal	<b>7</b> French Toast Turkey Bacon Fruit Milk	<b>8</b> Cereal Milk Fruit Smoothies
<b>11</b> Bagles Fruit Milk	<b>12</b> Pancakes Sausage Fruit Milk	<b>13</b> Yogurt Granola Fruit Milk or Cereal	<b>14</b> Scramble Eggs Sausage Toast Fruit Milk	<b>15</b> Cereal Milk Fruit Smoothies
<b>18</b>	<b>19</b> ENJOY	<b>20</b> YOUR	<b>21</b> SUMMER	<b>22</b>
<b>25</b>	<b>26</b> SEE	<b>27</b> YOU	<b>28</b> IN	<b>29</b> September

Red Bank Charter School - Lunch

June 1 - June 29

## What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				3x5 Cheese Pizza-2 Slices Romaine Salad w/ Dressing-1 1/2 c. Fresh Apple-1 Milk-8 oz.
4 Chicken Fingers-3 Corn-3/4 c. Wheat Dinner Roll Applesauce Cup-1/2 c. Milk-8 oz.	5 <b>TACO TUESDAY</b> Chicken Taco's w/ Shredded Cheddar Cheese-2 Refried Beans-3/4 c. 6" Soft Taco Shells-2 Fresh Apple-1/Milk-8 oz.	6 Chicken Pot Pie-5 oz. Romaine Salad with Dressing-1 1/2 c. Strawberry Applesauce Cup-1/2 c. Corn Bread Milk-8 oz.	7 Meatloaf w/ Ketchup-3 oz. Mashed Potatoes-3/4 c. Pudding Cup-1/2 c. Wheat Dinner Roll Milk-8 oz.	8 3x5 Cheese Pizza-2 Slices Romaine Salad w/ Dressing-1 1/2 c. Apple-1 Milk-8 oz.
11 Grilled Chicken Parmigiana-3 oz. Corn-3/4 c. Wheat Dinner Roll Applesauce Cup-1/2 c. Milk-8 oz.	12 Beef Nachos with Cheddar Cheese Sauce-5 oz. Celery Sticks w/ Dip-3/4 c. Fresh Orange-1 Whole Grain Tortilla Scoops-1 oz. Milk-8 oz.	13 All Beef Hot Dog on a Wheat Bun-1 French Fries-3/4 c. Clementines-1 Milk-8 oz.	14 Toasted Cheese on Whole Grain Bread-1 Carrot Sticks w/ Dip-3/4 c. Fresh Banana-1 Milk-8 oz.	15 3x5 Cheese Pizza-2 Slices Romaine Salad w/ Dressing-1 1/2 c.. Pineapple Cup-1/2 c. Milk-8 oz.
18	19	20	21	22
25	26	27	28	29