

RED BANK CHARTER SCHOOL

Breakfast

May

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Waffles Sausage Fruit Milk	2 Yogurt Granola Fruit Milk or Cereal	3 Scramble Eggs Turkey Bacon Fruit Milk	4 Cereal Milk Fruit Smoothies
7 Bagles Fruit Milk	8 Scramble Eggs Sausage Toast Fruit Milk	9 Yogurt Granola Fruit Milk or Cereal	10 Pancakes Turkey Bacon Fruit Milk	11 Cereal Milk Fruit Smoothies
14 Muffins Fruit Milk	15 Waffles Sausage Fruit Milk	16 Yogurt Granola Fruit Milk or Cereal	17 Scramble Eggs Sausage Toast Fruit Milk	18 Cereal Milk Fruit Smoothies
21 Bagles Fruit Milk	22 Scramble Eggs Turkey Bacon Toast Fruit Milk	23 Yogurt Granola Fruit Milk or Cereal	24 French Toast Sausage Fruit Milk	25 No School
28 No School	29 Pancakes Sausage Fruit Milk	30 Yogurt Granola Fruit Milk or Cereal	31 Scramble Eggs Turkey Bacon Toast Fruit Milk	

Red Bank Charter School-Lunch

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>7 Chicken Fryz-4 Broccoli & Cheese-3/4 c. Grapes-1/2 c. Milk-8 oz.</p>	<p>1 TACO TUESDAY Chicken Taco's w/ Shredded Cheddar Cheese and Lettuce-2 W/G Soft Taco Shells-2 Fresh Apple-1/Milk-8 oz.</p>	<p>2 Spaghetti and Turkey Meatballs-5 oz. Fresh Baby Carrots w/Dip-3/4 c. Fresh Orange-1 Whole Wheat Dinner Roll Milk-8 oz.</p>	<p>3 BBQ Chicken Sandwich on a Wheat Bun-1 Fresh Green Beans w/ Dip-3/4 c. Fresh Banana-1 Milk-8 oz.</p>	<p>4 3x5 Cheese Pizza-2 Slices Romaine Salad w/ Dressing-1 1/2 c. Clementine-1 Milk-8 oz.</p>
<p>14 Teriyaki Chicken Bites-4 Corn-3/4 c. Vegetable Egg Roll-1 Granola Bar-1 Milk-8 oz.</p>	<p>8 Beef Nachos with Cheddar Cheese Sauce-5 oz. Celery Sticks w/ Dip-3/4 c. Fresh Orange-1 Whole Grain Tortilla Scoops-1 oz. Milk-8 oz.</p>	<p>9 Salisbury Steak w/ Gravy-3 oz. Mashed Potatoes-3/4 c. Fresh Banana-1 Whole Wheat Dinner Roll Milk-8 oz.</p>	<p>10 Chicken Empenada-5 oz. Fresh Baby Carrots w/ Dip-3/4 c. Apple-1 Milk-8 oz.</p>	<p>11 3x5 Cheese Pizza-2 Slices Romaine Salad w/ Dressing-1 1/2 c. Peach Applesauce Cup-1/2 c. Milk-8 oz.</p>
<p>21 All Beef Hamburger on a Wheat Bun-1 Vegetarian Beans-3/4 c. Grapes-1/2 c. Milk-8 oz.</p>	<p>15 TACO TUESDAY Beef Taco's w/ Shredded Cheddar Cheese & Lettuce-2 Black Beans-3/4 c. W/G Hard Taco Shells-2 Fresh Apple-1/Milk-8 oz.</p>	<p>16 Swedish Turkey Meatballs-3 oz. Roasted Potato Medley-3/4 c. Whole Wheat Dinner Roll Craisins-1 oz. Milk-8 oz.</p>	<p>17 BREAKFAST FOR LUNCH Cheese Omelet-3 oz. Turkey Sausage Links-3 Fresh Baby Carrots w/ Dip-3/4 c. Fresh Banana-1 Milk-8 oz.</p>	<p>18 3x5 Cheese Pizza-2 Slices Romaine Salad w/ Dressing-1 1/2 c. Applesauce Cup-1/2 c. Milk-8 oz.</p>
<p>28 MEMORIAL DAY</p>	<p>22 Macaroni and Cheese-5 oz. Fresh Green Beans w/Dip-3/4 c. Whole Wheat Dinner Roll Clementine-1 Milk-8 oz.</p>	<p>23 Turkey w/ Gravy-3 oz. Mashed Potatoes-3/4 c. Whole Wheat Dinner Roll Fresh Apple-1 Milk-8 oz.</p>	<p>24 Breaded Flounder Fillet-3 oz. Diced Carrots-3/4 c. Whole Grain Dinner Roll-1 Applesauce Cup-1/2 c. Milk-8 oz.</p>	<p>25 CLOSED.</p>
<p>29 Beef Pot Pie-5 oz. Whole Wheat Dinner Roll Vanilla Pudding Cup-1/2 c. Fresh Apple-1 Milk-8 oz.</p>	<p>30 All Beef Hot Dog on a Wheat Bun-1 French Fries-3/4 c. Craisins-1 oz. Milk-8 oz.</p>	<p>31 Toasted Cheese on Whole Grain Bread-1 Carrot Sticks w/ Dip-3/4 c. Fresh Banana-1 Milk-8 oz.</p>		

*****ALL students must pre-order their food weekly.*****

Orders must be placed by Friday for the following week.

RBCS Breakfast Ticket RBCS Boleto Para Desayuno						RBCS Lunch Ticket RBCS Boleto Para Almuerzo					
Student/Estudiante:						Student/Estudiante:					
Week 1/Semana 1 (check choice/visita)	Mon Lunes	Tues Martes	Wed Miercoles	Thur Jueves	Fri Viernes	Week 1/Semana 1 (check choice/visita)	Mon Lunes	Tues Martes	Wed Miercoles	Thur Jueves	Fri Viernes
Breakfast						Regular Menu					
						2 nd Choice/2 nd Elección					
						Salad Bar/Ensalada					
Milk/Leche is available for \$.40						Milk/Leche is available for \$.40					
Full price/Precio completo \$2.00, Reduced/Precio Reducido \$.30						Full price/Precio completo \$3.50, Reduced/Precio Reducido \$.40					
Amount Enclosed/Total del costo:						Amount Enclosed/Total del costo:					
RBCS Breakfast Ticket RBCS Boleto Para Desayuno						RBCS Lunch Ticket RBCS Boleto Para Almuerzo					
Student/Estudiante:						Student/Estudiante:					
Week 2/Semana 2 (check choice/visita)	Mon Lunes	Tues Martes	Wed Miercoles	Thur Jueves	Fri Viernes	Week 2/Semana 2 (check choice/visita)	Mon Lunes	Tues Martes	Wed Miercoles	Thur Jueves	Fri Viernes
Breakfast						Regular Menu					
						2 nd Choice/2 nd Elección					
						Salad Bar/Ensalada					
Milk/Leche is available for \$.40						Milk/Leche is available for \$.40					
Full price/Precio completo \$2.00, Reduced/Precio Reducido \$.30						Full price/Precio completo \$3.50, Reduced/Precio Reducido \$.40					
Amount Enclosed/Total del costo:						Amount Enclosed/Total del costo:					
RBCS Breakfast Ticket RBCS Boleto Para Desayuno						RBCS Lunch Ticket RBCS Boleto Para Almuerzo					
Student/Estudiante:						Student/Estudiante:					
Week 3/Semana 3 (check choice/visita)	Mon Lunes	Tues Martes	Wed Miercoles	Thur Jueves	Fri Viernes	Week 3/Semana 3 (check choice/visita)	Mon Lunes	Tues Martes	Wed Miercoles	Thur Jueves	Fri Viernes
Breakfast						Regular Menu					
						2 nd Choice/2 nd Elección					
						Salad Bar/Ensalada					
Milk/Leche is available for \$.40						Milk/Leche is available for \$.40					
Full price/Precio completo \$2.00, Reduced/Precio Reducido \$.30						Full price/Precio completo \$3.50, Reduced/Precio Reducido \$.40					
Amount Enclosed/Total del costo:						Amount Enclosed/Total del costo:					
RBCS Breakfast Ticket RBCS Boleto Para Desayuno						RBCS Lunch Ticket RBCS Boleto Para Almuerzo					
Student/Estudiante:						Student/Estudiante:					
Week 4/Semana 4 (check choice/visita)	Mon Lunes	Tues Martes	Wed Miercoles	Thur Jueves	Fri Viernes	Week 4/Semana 4 (check choice/visita)	Mon Lunes	Tues Martes	Wed Miercoles	Thur Jueves	Fri Viernes
Breakfast						Regular Menu					
						2 nd Choice/2 nd Elección					
						Salad Bar/Ensalada					
Milk/Leche is available for \$.40						Milk/Leche is available for \$.40					
Full price/Precio completo \$2.00, Reduced/Precio Reducido \$.30						Full price/Precio completo \$3.50, Reduced/Precio Reducido \$.40					
Amount Enclosed/Total del costo:						Amount Enclosed/Total del costo:					
RBCS Breakfast Ticket RBCS Boleto Para Desayuno						RBCS Lunch Ticket RBCS Boleto Para Almuerzo					
Student/Estudiante:						Student/Estudiante:					
Week 5/Semana 5 (check choice/visita)	Mon Lunes	Tues Martes	Wed Miercoles	Thur Jueves	Fri Viernes	Week 5/Semana 5 (check choice/visita)	Mon Lunes	Tues Martes	Wed Miercoles	Thur Jueves	Fri Viernes
Breakfast						Regular Menu					
						2 nd Choice/2 nd Elección					
						Salad Bar/Ensalada					
Milk/Leche is available for \$.40						Milk/Leche is available for \$.40					
Full price/Precio completo \$2.00, Reduced/Precio Reducido \$.30						Full price/Precio completo \$3.50, Reduced/Precio Reducido \$.40					
Amount Enclosed/Total del costo:						Amount Enclosed/Total del costo:					